



|                                           | Mon 09-29-2025                                                                                                  | Tue 09-30-2025                                                                                                      | Wed 10-01-2025                                                                                           | Thu 10-02-2025                                                                                 | Fri 10-03-2025                                                                                                                        | Sat 10-04-2025                                                                                            | Sun 10-05-2025                                                                                                  |
|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| B<br>R<br>E<br>A<br>K<br>F<br>A<br>S<br>T | Ham Egg and Cheese Casserole<br>Fresh Fruit<br>100% Juice<br>Whole Grain Toast                                  | Egg Mushroom Scramble<br>Hash Browns<br>Fresh Fruit<br>100% Juice                                                   | Sausage Country Gravy and Biscuits<br>Cheesy Scrambled Eggs<br>Fresh Fruit<br>100% Juice                 | Perfect Pancakes<br>Fried Egg<br>Fresh Fruit<br>100% Juice                                     | Egg Bacon Croissant<br>Fresh Fruit<br>100% Juice                                                                                      | Deluxe Waffle<br>Breakfast Sausage Patty<br>Fresh Fruit<br>100% Juice                                     | Cheesy Scrambled Eggs<br>Hash Browns<br>Fresh Fruit<br>100% Juice<br>Whole Grain Toast                          |
| L<br>U<br>N<br>C<br>H                     | Bean and Bacon Soup<br>Shrimp and Fries Basket<br>Grapes<br>Southern Coleslaw<br>Chocolate Peanut Butter Cookie | Vegetable Macaroni Soup<br>Marinated Chicken Salad<br>Mixed Melons<br>Mozzarella Garlic Bread<br>Cherry Orchard Bar | Cream of Potato Soup<br>Sloppy Joes<br>Sweet Spinach Salad<br>Melon Fruit Cup                            | Garden Vegetable Soup<br>Three Cheese Turkey Tetrazzini<br>Italian Peas<br>Apple Fritter Bread | Creamy Tomato Basil Soup<br>Grilled Ham and Swiss Sandwich<br>Three Bean Salad<br>Sweet Potato Fries<br>Mint Chocolate Chip Ice Cream | Creamy Mushroom and Roasted Garlic Soup<br>Sausage Pizza<br>California Blend<br>Red Velvet Crinkle Cookie | Garden Vegetable Soup<br>Marinara Chicken Penne with Vegetables<br>Caesar Salad<br>M&M Bars                     |
| D<br>I<br>N<br>N<br>E<br>R                | Roasted Pork Loin with Pan Gravy<br>Parmesan Mashed Potatoes<br>Corn<br>Baked Roll<br>Blueberry Lemon Poke Cake | Pepper Beef Tips over Rice<br>Chef's Steamed Vegetable<br>Baked Roll<br>Ice Cream Sundae                            | Slow Roasted Carved Turkey<br>Cornbread Dressing<br>Mixed Vegetables<br>Baked Roll<br>Strawberry Cobbler | Classic Baked Ham<br>Garlic Roasted Potatoes<br>Baby Carrots<br>Baked Roll<br>Oreo Delight     | Teriyaki Meatballs<br>Rice<br>Hawaiian Roasted Vegetables<br>Baked Roll<br>Pina Colada Cake                                           | Southwest Chicken<br>Steamed Red Potatoes<br>Yellow Squash and Onions<br>Frosted Banana Bars              | Apricot Glazed Pork Roast<br>Fresh Cooked Yams<br>Green Beans<br>Almondine<br>Baked Roll<br>Grandma's Apple Pie |
| Milk offered at every meal                |                                                                                                                 |                                                                                                                     |                                                                                                          |                                                                                                |                                                                                                                                       |                                                                                                           | Week 5                                                                                                          |

Dietitian's Signature:

*Quinn Sign* 4-21-2025  
6/10/25

# Weekly Menu

Oakleaf Columbus



|                                           | Mon 10-06-2025                                                                                                                 | Tue 10-07-2025                                                                                                    | Wed 10-08-2025                                                                                                           | Thu 10-09-2025                                                                                           | Fri 10-10-2025                                                                                      | Sat 10-11-2025                                                                                                                     | Sun 10-12-2025                                                                                                            |
|-------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| B<br>R<br>E<br>A<br>K<br>F<br>A<br>S<br>T | Buttermilk Pancakes<br>Bacon<br>Fresh Fruit<br>100% Juice                                                                      | Ham Breakfast<br>Casserole<br>Fresh Fruit<br>100% Juice<br>Whole Grain Toast                                      | Cinnamon French<br>Toast<br>Cheesy Scrambled<br>Eggs<br>Fresh Fruit<br>100% Juice                                        | Sausage Egg Muffin<br>Hash Browns<br>Fresh Fruit<br>100% Juice                                           | Homestyle Waffles<br>Cheesy Scrambled<br>Eggs<br>Fresh Fruit<br>100% Juice                          | Bacon Egg and<br>Avocado Toast<br>Fresh Fruit<br>100% Juice                                                                        | Bacon Egg Bites<br>Hash Browns<br>Fresh Fruit<br>100% Juice<br>Whole Grain Toast                                          |
| L<br>U<br>N<br>C<br>H                     | Cream of Zucchini<br>Soup<br>Southwest Salmon<br>Bowl<br>Watermelon<br>Lemon Pudding                                           | Minestrone Soup<br>Philly Cheesesteak<br>Sandwich<br>Roasted Mushrooms<br>Frosted Peanut Butter<br>Oatmeal Cookie | Tomato Green Bean<br>Soup<br>Spinach Pasta<br>Carbonara<br>Capri Blend<br>Parmesan Breadsticks<br>Fresh Berry Cup        | Vegetable Medley<br>Soup<br>Ham Salad Slider<br>Cucumber Tomato<br>Salad<br>Ice Cream Sandwich           | Borscht Soup<br>Grilled Steak Salad<br>Pears<br>French Bread<br>Chocolate Chip<br>Banana Bread      | Vegetable Rice Soup<br>Chicken Herb Potato<br>Casserole<br>Chef's Steamed<br>Vegetable<br>Baked Cheddar Roll<br>Select Apple Salad | Fresh Vegetable Soup<br>Pork Gravy and<br>Noodles<br>Peas and Onions<br>Baked Parmesan Roll<br>Whipped Pineapple<br>Salad |
| D<br>I<br>N<br>N<br>E<br>R                | Country Fried Steak<br>with Gravy<br>Classic Mashed<br>Potatoes<br>Brussels Sprouts<br>Baked Roll<br>Chocolate Caramel<br>Cake | Marinated Rosemary<br>Chicken<br>Rice Pilaf<br>Sauteed Yellow<br>Squash<br>Baked Roll<br>Fruit Cobbler            | Tilapia with Savory<br>Herb Butter<br>Roasted Red Potatoes<br>Grilled Asparagus<br>Baked Roll<br>Pineapple<br>Cheesecake | Beef Tips Au Jus<br>Buttered Noodles<br>Glazed Baby Carrots<br>Baked Roll<br>Double Chocolate<br>Brownie | Greek Lemon<br>Chicken<br>Seasoned Brown Rice<br>Spinach and<br>Tomatoes<br>Baked Roll<br>Ice Cream | Honey Mustard Ribs<br>Favorite Baked Beans<br>Country Trio Medley<br>Brown Sugar Peach<br>Cake                                     | Glazed Meatloaf<br>Parsley Seasoned<br>Potatoes<br>Whole Green Beans<br>Baked Roll<br>Maple Bread Pudding                 |
| Milk offered at every meal                |                                                                                                                                |                                                                                                                   |                                                                                                                          |                                                                                                          |                                                                                                     |                                                                                                                                    | Week 1                                                                                                                    |

Dietitian's Signature:

*Quinn J. [Signature]* 4-21-2025  
6/10/25



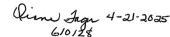
|                                           | Mon 10-13-2025                                                                                                         | Tue 10-14-2025                                                                                                   | Wed 10-15-2025                                                                                   | Thu 10-16-2025                                                                                   | Fri 10-17-2025                                                                                                          | Sat 10-18-2025                                                                                        | Sun 10-19-2025                                                                                   |
|-------------------------------------------|------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|
| B<br>R<br>E<br>A<br>K<br>F<br>A<br>S<br>T | Texas French Toast<br>Bacon<br>Fresh Fruit<br>100% Juice                                                               | Cheesy Scrambled Eggs<br>Fresh Fruit<br>100% Juice<br>Fresh Biscuit                                              | Banana Nut Muffin<br>Cheesy Scrambled Eggs<br>Fresh Fruit<br>100% Juice                          | English Muffin<br>Breakfast Sandwich<br>Fresh Fruit<br>100% Juice                                | Swedish Pancakes<br>Sausage Link<br>Fresh Fruit<br>100% Juice                                                           | Ham and Cheese Omelet<br>Fresh Fruit<br>100% Juice<br>Whole Grain Toast                               | Homestyle Waffles<br>Sausage Link<br>Fresh Fruit<br>100% Juice                                   |
| L<br>U<br>N<br>C<br>H                     | Classic Minestrone Soup<br>French Dip Sandwich<br>Balsamic Roasted Vegetables<br>Hot Fudge Sundae                      | Navy Bean Soup<br>Chicken Pot Pie<br>Braised Carrots and Celery<br>Peanut Butter Cookie                          | Vegetable Medley Soup<br>Diner Style Hot Turkey Sandwich<br>Corn<br>Five Fruit Salad             | Tomato Barley Soup<br>Stuffed Baked Potato<br>Pear Fruit Cup<br>California Blend<br>Caramel Bars | Garden Vegetable Soup<br>Four Cheese Pizza<br>Light Caesar Salad<br>Select Orange Salad                                 | Tortilla Soup<br>Slow Cooked BBQ Chicken Sandwich<br>Buttered Squash<br>Pumpkin Chocolate Chip Cookie | Cream of Broccoli Soup<br>Open Face Turkey Sandwich<br>Ambrosia<br>Capri Blend<br>Fudge Brownie  |
| D<br>I<br>N<br>N<br>E<br>R                | White Wine and Mushroom Chicken<br>White and Wild Rice Pilaf<br>Lemon Buttered Broccoli<br>Baked Roll<br>Berry Cobbler | Breaded Parmesan Pork Chop<br>Sweet Potato Gratin<br>Spiced Harvard Beets<br>Baked Roll<br>Cherry Chocolate Cake | Salisbury Steak with Brown Sauce<br>Herb Mashed Potatoes<br>Buttery Carrots<br>Vanilla Cream Pie | Roasted Chicken Thigh<br>Blushing Penne Pasta<br>Brussels Sprouts<br>Baked Roll<br>Fruit Crisp   | Cod Fillet with Lemon Sauce<br>Garlic Parmesan Rice<br>Sautéed Spinach<br>Baked Roll<br>Cheesecake with Chocolate Sauce | Traditional Lasagna<br>Chef's Steamed Vegetable<br>Garlic Bread<br>Italian Cream Cake                 | Maple Glazed Ham<br>Roasted Sweet Potatoes<br>Steamed Cauliflower<br>Baked Roll<br>Assorted Pies |
| Milk offered at every meal                |                                                                                                                        |                                                                                                                  |                                                                                                  |                                                                                                  |                                                                                                                         |                                                                                                       | Week 1                                                                                           |

Dietitian's Signature:

*Quinn J. [Signature]* 4-21-2025  
6/10/25



|                                           | Mon 10-20-2025                                                                                                                  | Tue 10-21-2025                                                                                              | Wed 10-22-2025                                                                                                                   | Thu 10-23-2025                                                                                                          | Fri 10-24-2025                                                                                               | Sat 10-25-2025                                                                                                                | Sun 10-26-2025                                                                                         |
|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| B<br>R<br>E<br>A<br>K<br>F<br>A<br>S<br>T | Bacon Quiche<br>Fresh Fruit<br>100% Juice<br>Whole Grain Toast                                                                  | Cinnamon and Sugar<br>Oatmeal<br>Cheesy Scrambled<br>Eggs<br>Fresh Fruit<br>100% Juice<br>Whole Grain Toast | Ham Egg Muffin<br>Hash Browns<br>Fresh Fruit<br>100% Juice                                                                       | Savory French Toast<br>Bake<br>Bacon<br>Fresh Fruit<br>100% Juice                                                       | Sausage Scramble<br>Fresh Fruit<br>100% Juice<br>Fresh Biscuit                                               | Fluffy Pancakes<br>Fried Egg<br>Fresh Fruit<br>100% Juice                                                                     | Brunch Burritos<br>Fresh Tomato Salsa<br>Fresh Fruit<br>100% Juice                                     |
| L<br>U<br>N<br>C<br>H                     | Homestyle Vegetable<br>Soup<br>Cheese Chili Bake<br>Kiwi Fruit Salad<br>Southwest Vegetable<br>Medley<br>Lemon Cream<br>Cupcake | Chicken Biscuit Stew<br>Cranberry Pear<br>Tossed Salad<br>Garlic Breadsticks<br>M&M Cookie                  | Southern Brunswick<br>Stew<br>Roast Beef Poor Boy<br>Pickled Beets<br>Fresh Fruit Cup                                            | Beans and Greens<br>Soup<br>Kielbasa with<br>Peppers<br>Orange Pineapple<br>Salad<br>Cornbread Muffin<br>Berry Oat Bars | Garden Vegetable<br>Soup<br>Texas Beef Skillet<br>Pears<br>Garlic Zucchini Saute<br>Molasses Sugar<br>Cookie | Basil Tomato Soup<br>Cheddar Chicken<br>Strips<br>Chef's Steamed<br>Vegetable<br>French Fries<br>Fruit Medley                 | Lentil Soup<br>Ham and Cheese<br>Quiche<br>Assorted Fruit<br>Cranberry Broccoli<br>Salad<br>Sherbet    |
| D<br>I<br>N<br>N<br>E<br>R                | Teriyaki Chicken<br>Fried Rice<br>Stir Fry Cabbage<br>Baked Roll<br>Pineapple Parfait                                           | Seasoned Meatballs<br>with Gravy<br>Buttered Noodles<br>Parmesan Green<br>Beans<br>Apple Cobbler            | Mushroom Stuffed<br>Pork Loin<br>Garlic Roasted<br>Potatoes<br>Squash with Sour<br>Cream Sauce<br>Baked Roll<br>Texas Sheet Cake | Hamburger Steak and<br>Onions<br>Classic Mashed<br>Potatoes<br>Mixed Vegetables<br>Baked Roll<br>Pumpkin Pie            | Baked Tilapia with<br>Madrid Sauce<br>Seasoned Rice<br>Oven Roasted<br>Broccoli<br>Baked Roll<br>Peach Crisp | Rosemary Roasted<br>Turkey<br>Baked Sweet Potato<br>Roasted Brussels<br>Sprouts with Dijon<br>Baked Roll<br>Butter Pecan Cake | Autumn Pot Roast<br>Mashed Red Potatoes<br>Maple Roasted<br>Carrots<br>Baked Roll<br>Peanut Butter Pie |
| Milk offered at every meal                |                                                                                                                                 |                                                                                                             |                                                                                                                                  |                                                                                                                         |                                                                                                              |                                                                                                                               | Week 2                                                                                                 |

Dietitian's Signature:  4-21-2025  
6/10/25